

# COSMETOLOGY 1200 HOURS OF TRAINING

## COSMETOLOGIST/HAIRSTYLIST/STYLIST

The primary objective of the Cosmetology curriculum is to prepare students for the Florida State Board of Cosmetology Examination to become a Licensed Cosmetologist. The complete program consists of 1200 hours of instructions including training in advanced hairstyling and haircutting techniques, skin care, make-up artistry, and other related subjects. Academic & Practical Learning methods include discussion, questioning and answering, demonstration, cooperative learning, problem solving, interactive lecture, individualized instruction, student & classroom presentations, labs & student salon activities. The school offers a 1200-hour training program that meets Florida state standards including 402 hours of theory and 798 hours of supervised practical training.

### Unit of Credit: Clock Hour

#### Course numbering system:

EXCELLENT (A+) 90-100% VERY GOOD (A) 85-89% GOOD (B) 79-84% PASSING (C) 75-78% FAILING (D) 74% and Below  
CS – Cosmetology

“Clock Hour” means a period of 60 minutes with a minimum of 50 minutes of instruction in the presence of an instructor. Courses are numbered numerically from CS101 through CS121. The course numbering system uses a five-digit alpha numeric identifier. The prefixes are characters that represent the type of course and the suffixes are numbers that represent the sequence in which they are taught.

COURSE	CLASS TITLE	HOURS	SERVICES*
CS101	<b>Orientation &amp; Professional Ethics</b> – Overview of cosmetology program and general ethics.	3	
CS102	<b>Ecology</b> – Sanitation, Sterilization, HIV and AIDS (4 hours) – The use of chemical agents and ultraviolet rays to sanitize implements and equipment in the salon and promote good health in the community.	12	
CS103	<b>Electricity &amp; Safety</b> – The use of proper safety procedures.	12	
CS104	<b>Trichology – Hair Care, Scalp Treatments, Shampoos &amp; Rinses</b> – The use of stimulation to contribute to a healthy scalp and select proper treatments.	36	95
CS105	<b>Hairstyling</b> – Hair Shaping and Arranging – Instruction in men’s, women’s and children’s hair shaping and the various implements and supplies utilized.	319	300
CS106	<b>Nails</b> – Manicuring, Pedicuring and Nail Extensions – Professional manicuring implements, supplies and procedures utilized in shaping and polishing nails.	64	20
CS107	<b>Hair Removal</b> – General classification of hair removal; identification of acceptable techniques involved in permanent removal; methods of temporary removal.	15	5
CS108	<b>Guest Handling</b> – Methods of proper guest handling.	48	
CS109	<b>Haircutting</b> – Instruction in men’s, women’s and children’s hair cutting, and the various implements and supplies utilized.	212	75
CS110	<b>Chemistry</b> – Techniques and procedures used in achieving the color or lightening service following the acceptable safety precautions.	12	
CS111	<b>Hair Color</b> – To achieve hair color through the use of semi-permanent, permanent, and lightening products.	162	45
CS112	<b>Chemical Retexturing (Waving), Relaxing &amp; Straightening</b> – The use of professional chemicals and implements in waving and relaxing the hair to make it more manageable and durable.	172	65
CS113	<b>Wig &amp; Hair Extensions</b> – An introduction to the proper use of wigs and hair extension techniques.	3	
CS114	<b>Anatomy &amp; Physiology</b> – The application of anatomy and physiology in cosmetology.	18	
CS115	<b>Skin Care, Facials &amp; Makeup</b> – The proper use of chemicals and treatments such as facial massage, creams, lotions, makeup and other preparations to properly protect the skin.	59	5
CS116	<b>Retail &amp; Marketing</b> – Basic business knowledge and marketing implementation.	3	
CS117	<b>Salon Business</b> – The basic principles needed to plan and operate a salon as a successful business.	3	
CS118	<b>Job Hunting Skills</b> – Interview training and resume preparation.	6	
CS119	<b>Florida State Laws &amp; Regulations</b> – An overview of cosmetology law and rules and regulations in relation to consumer protection for both health and economic matters.	8	
CS120	<b>Reviews, Finals and Reorientation</b> – Program review and preparation for finals.	24	
CS121	<b>State Board Preparation</b> – Prepare students for the Florida State Board.	9	
	<b>TOTAL</b>	<b>1200</b>	<b>610</b>

\*“Services” is defined as the minimal number of performances in applicable subject categories required for certification for examination. The amount of services listed is the minimum required to graduate. Students will be encouraged to complete additional services to enhance practical experience.